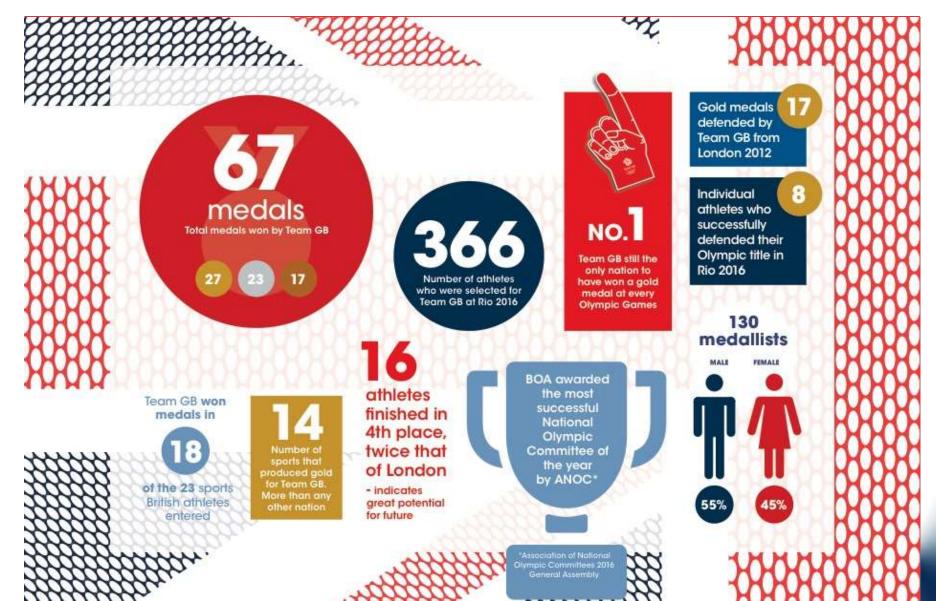


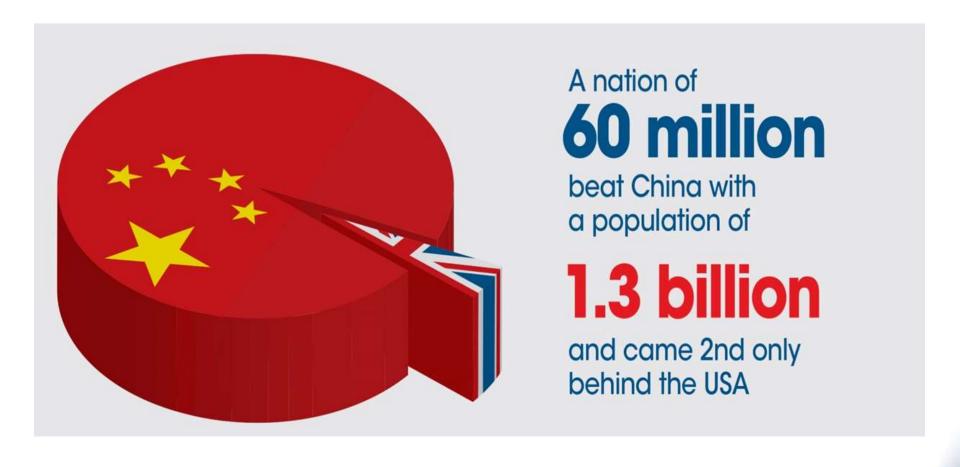
## How history was made in Rio





## An Olympic sporting superpower







01

One Aligned Leadership
Believing in a Vision & Mission









02

Forensic understanding of the battleground



# All that glitters is not gold













# The first Games in South America













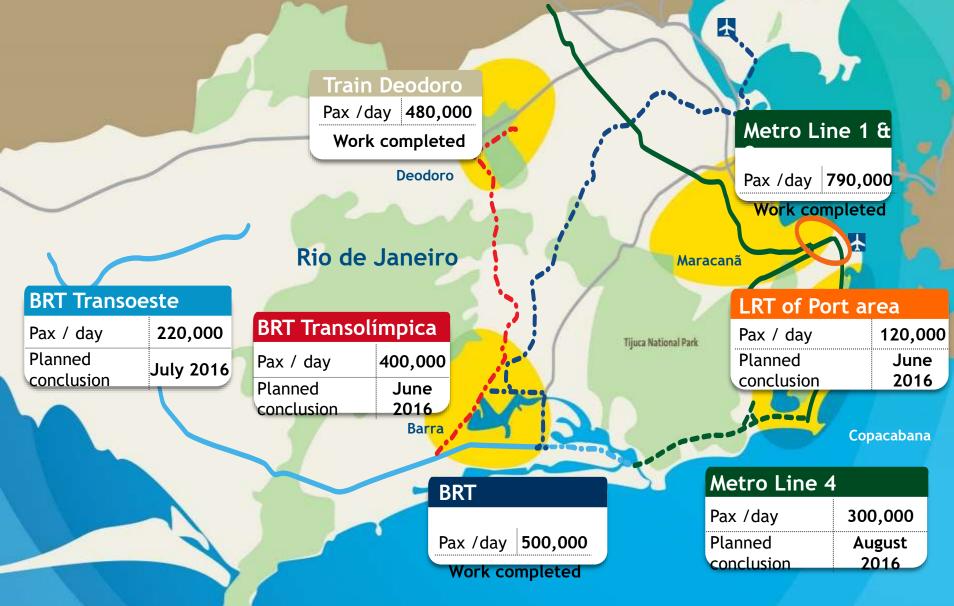












Public transport ring



DAVE GRANLUND @ www.davegranlund.com





Create the right structure & pick the right team...Push beyond boundaries





# GREAT PREPARATION GREAT SUPPORT GREAT PERFORMANCE







## pride

#### Olympian

Feel proud to be an Olympian and take your place in history alongside a select group of eite athletes.

#### Role Model

inspiring the nation and being a role model to the next generation of athletes

#### Team GB Kit

ene | pride | unity | responsibility | respect | performance



Be proud to represent your country.

Wear the Team GB kit with pride, bringing us together as One Team GB.

respect

#### Social Media

of all. Use social media respectfully -

#### Accommodation

last athletes have competed and so at all times treat your Team GB teammates

ene | pride | unity | responsibility | respect | performance

## responsibility Professional Integrity. How do you want to be remembered by Profect the integrity of sport and the your peers, family and by the nation? Be Olympia Movement and comply with the ultimate professional throughout the their rules at all times. Be proud to stand Games. for clean sport and not befor any event at the Games Health Be responsible for keeping in the best possible health to protect yourself and those around you. One person disregarding this has the ability to affect the entire team.

## unity

Support your sport, but also all other Team GB sports and athletes. Strength comes from being one united Team.

### Support Staff

Support staff are also part of One Team G8, and are here to help achieve an attriete's very best performance too.

#### Nearest & Dearest

Support from nearest and dearest also drives performance. It is important to get the best out of their support but still allow you and your teammates to focus on preparation and performance.

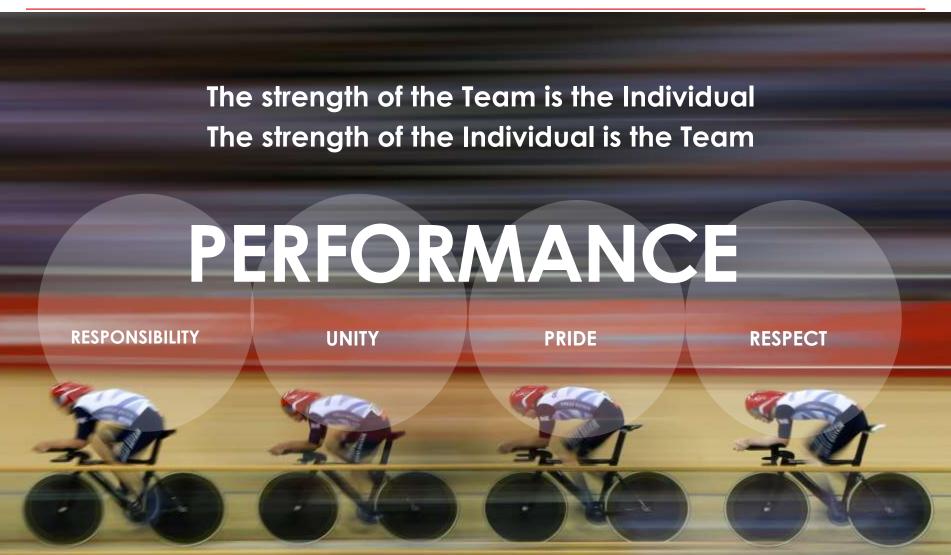
000 | price | unity | responsibility | respect | performance





## The Culture Club

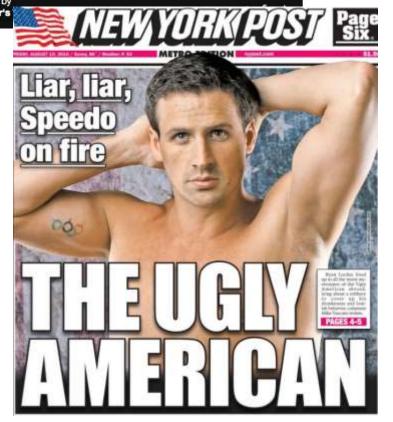




## The net result – how do you want to be remembered



Rio 2016: Australian athletes robbed during fire evacuation at athletes' village







# 05 Create a Laser-focused' 'Performance First' Environment



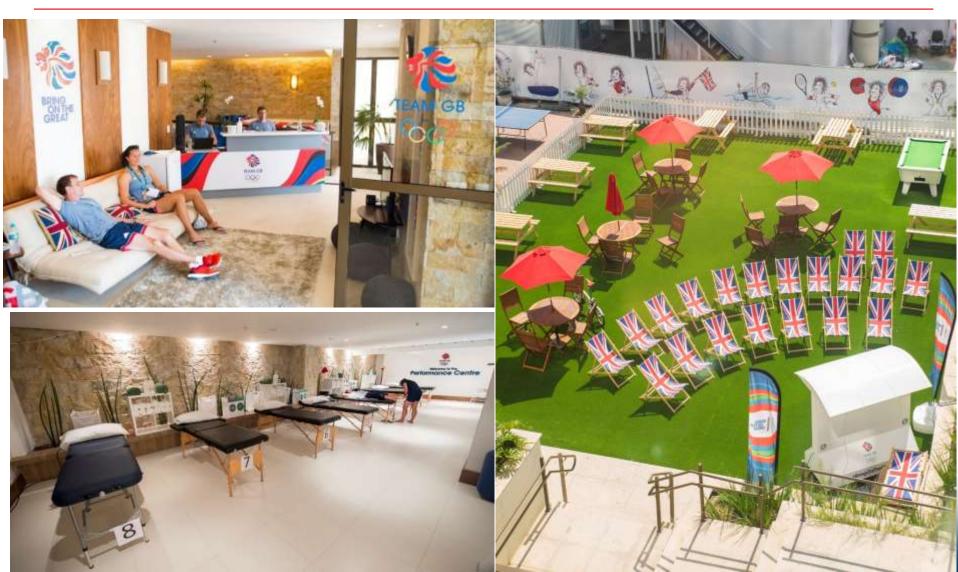






# Our Olympic Village 'Home'





## The British School











## Team GB Performance Support









# **BOTTLE WASHING**



**USE HALF A TABLET** OF MILTON

**FILL WITH SEALED BOTTLED WATER** 

LEAVE FOR AT **LEAST 15 MINUTES** 

WIPE THE OUTSIDE WITH BYOTROL OR SPRAY WITH DETTOI

> PREVENT ILLNESS THE POWER IN YOUR HAN



## **BITE PREVENTION**

**PROTECT YOURSELF** 

PROTECT YOUR SPACE



APPLY SUNSCREEN (MIN SPF 25+)

WAIT FOR 15 MINS

APPLY INSECT REPELLENT (BOOTS REPEL ONCE)



**KEEP WINDO** CLOSED IN T

**USE YOUR PL** 

KEEP THE AIR CONDITIONII



byotrol

Sanitiser

## HAND HYGIENE

WASH YOUR HANDS

WASH YOUR HANDS BEFORE AND AFTER USING THE TOILET

BEFORE AND AFTER EVERY MEAL

MAKE SURE YOU USE HOT SOAPY WATER

USE HAND SANITISER (BYOTROL)

> PREVENT THE POWER IS

EXTRAORD ARY

EXTRAORD NARY

EXTRAORD NARY









O6
The Outcome – Breakthrough Results





